

The impact of rights based advice on young people's health





Rights based advice

Housing/homelessness
Benefits/debt/income maximisation
Sexual health
Young parents work

Therapeutic Services

Counselling
Well-being



Education

Accredited courses

Youth work

Young people's involvement
Group work
Informal education
Life Skills
Positive activities

Project needs to be....



Non-intrusive

Statistically/'scientifically' valid

Objectives

- To set up a reference group to test the relevance and usefulness of the outcomes measurement tools to health commissioners
- To use outcomes measurement tools to provide evidence that a young person's health and wellbeing outcomes are improved when they access rights based advice within a YIAC setting
- To present the data to local health commissioners, Health and Wellbeing Board, NCC senior commissioners
- To share findings, lessons with other advice agencies locally and nationally

Initial issues

- Choosing a questionnaire
- Getting responses on time without being too intrusive
- Confidentiality
- Getting staff and young people interested

Learning from experience

- Time for the impact of advice on health to take place
- Getting the questions right
- Staff involvement

The questionnaires

- Youth Access' How Have We Helped Questionnaire
- GAD7
- WHO5
- The Short Warwick-Edinburgh Mental Well-being Scale (SWEMWBS)

Practicalities

- Getting consent
- Collecting data
- Collating data

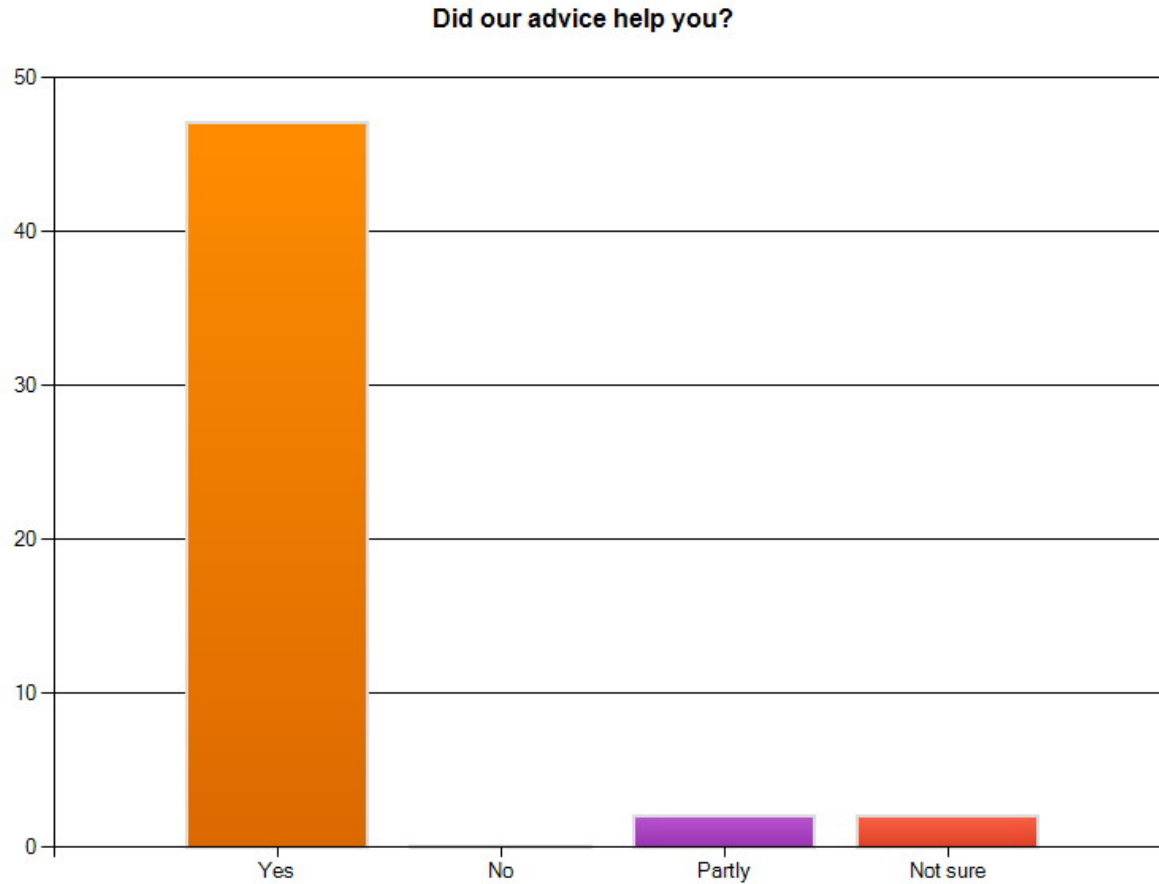
Consent

- If you are able to answer a few questions in 6 weeks time, when you've had a chance to get a sense of what difference the advice given to you has made, then your help would be appreciated.
-
- Please complete the box below
- Thanks ☐
-
-
- Please complete those details you are happy for us to contact you about what difference advice has made to you
- I'm happy for MAP to send me a questionnaire by post or email.
- My postal address is:
- My email
-
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- I'm happy for MAP to call me to ask questions about what difference advice has made to my health.
- My mobile is:
- My landline is:

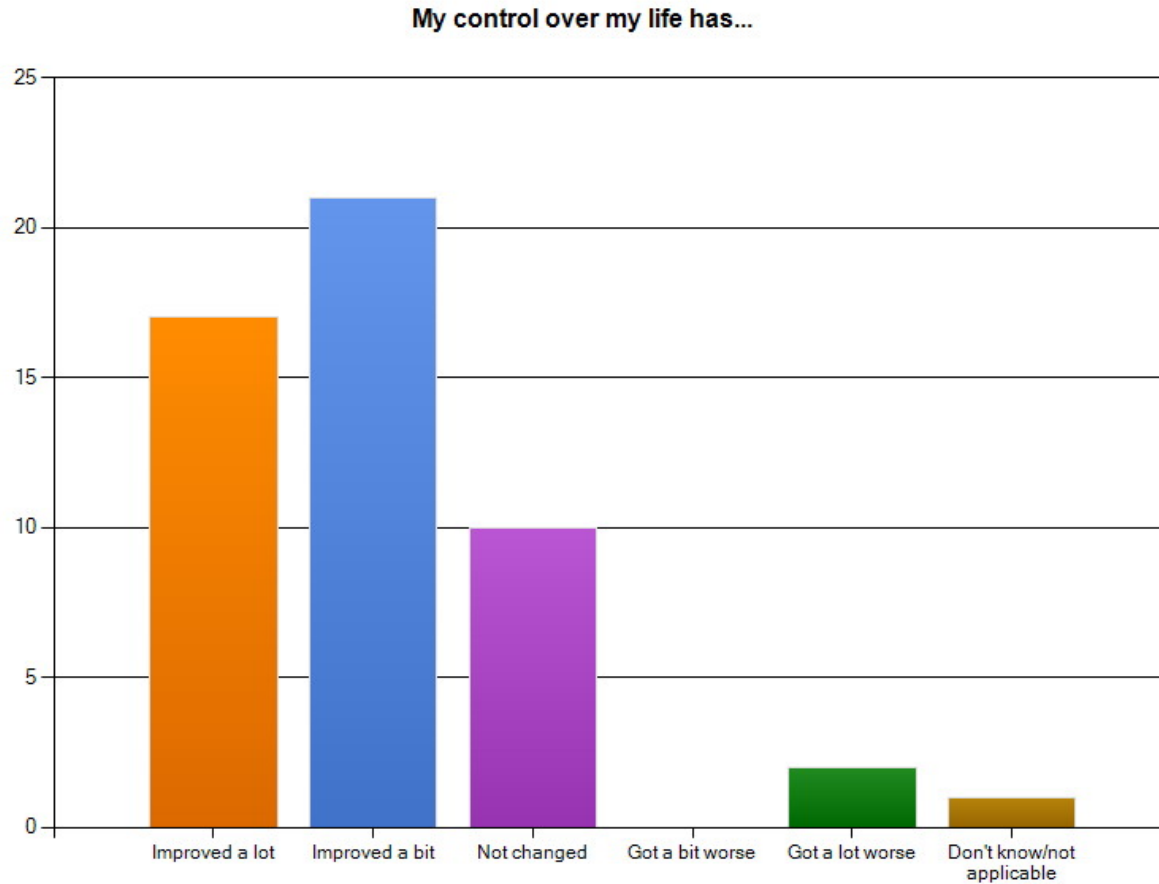
Results and issues raised

- 20 per cent of young people receiving advice
- What the data told us about the impact of advice and the questions...

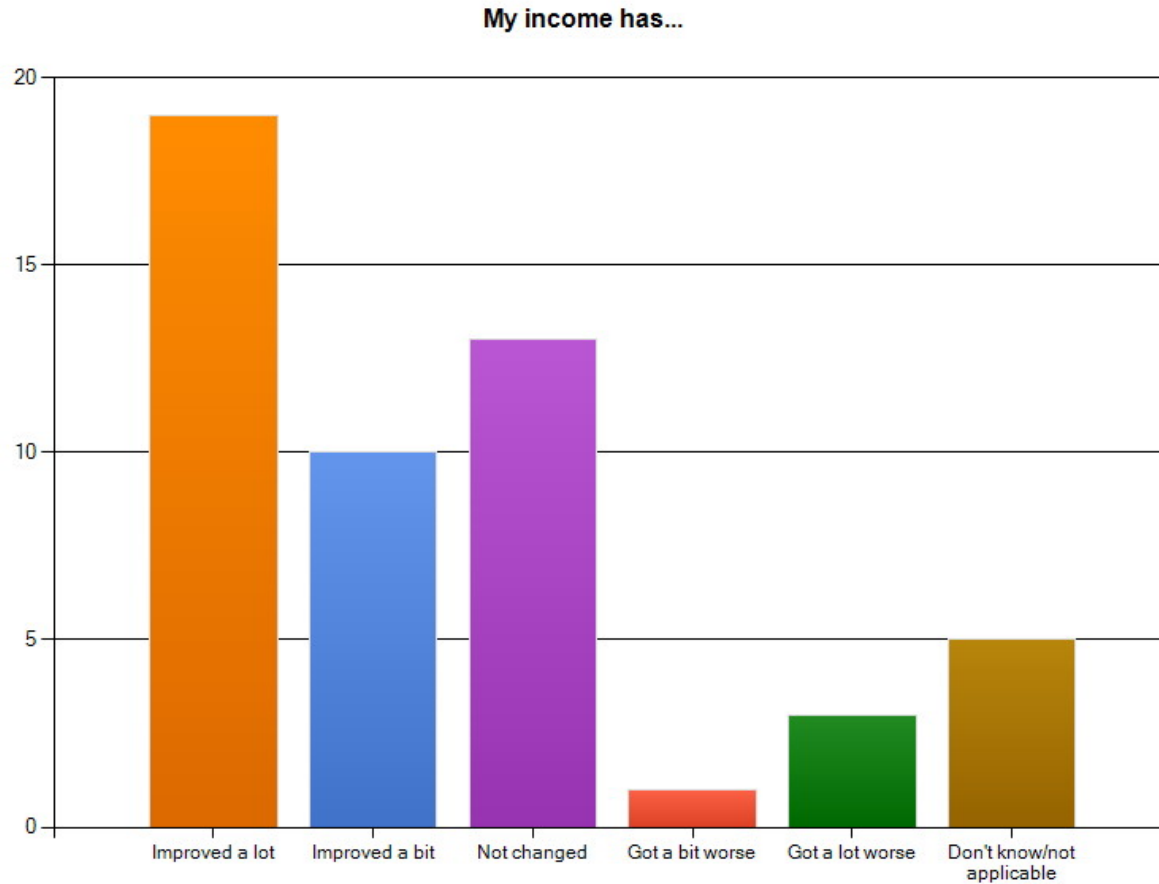
Did our advice help you?



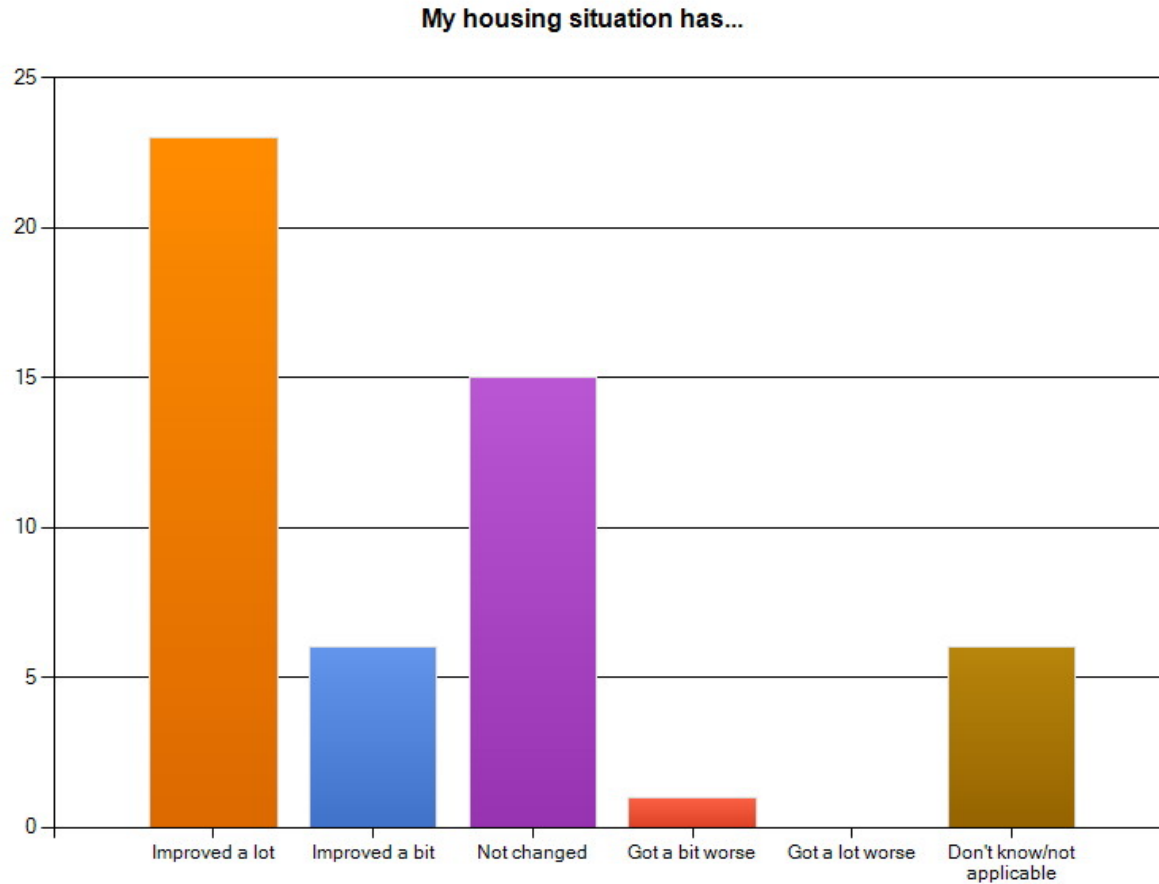
My control over my life has



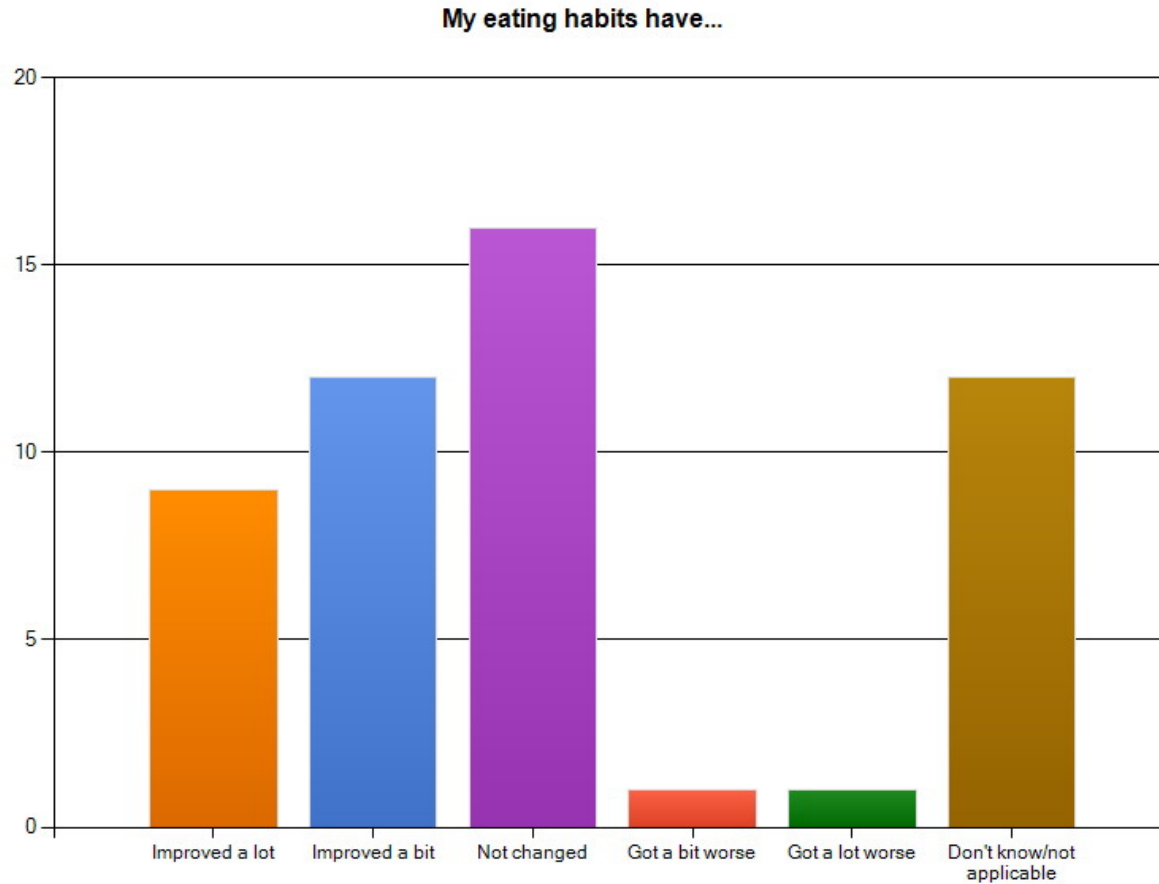
My income has...



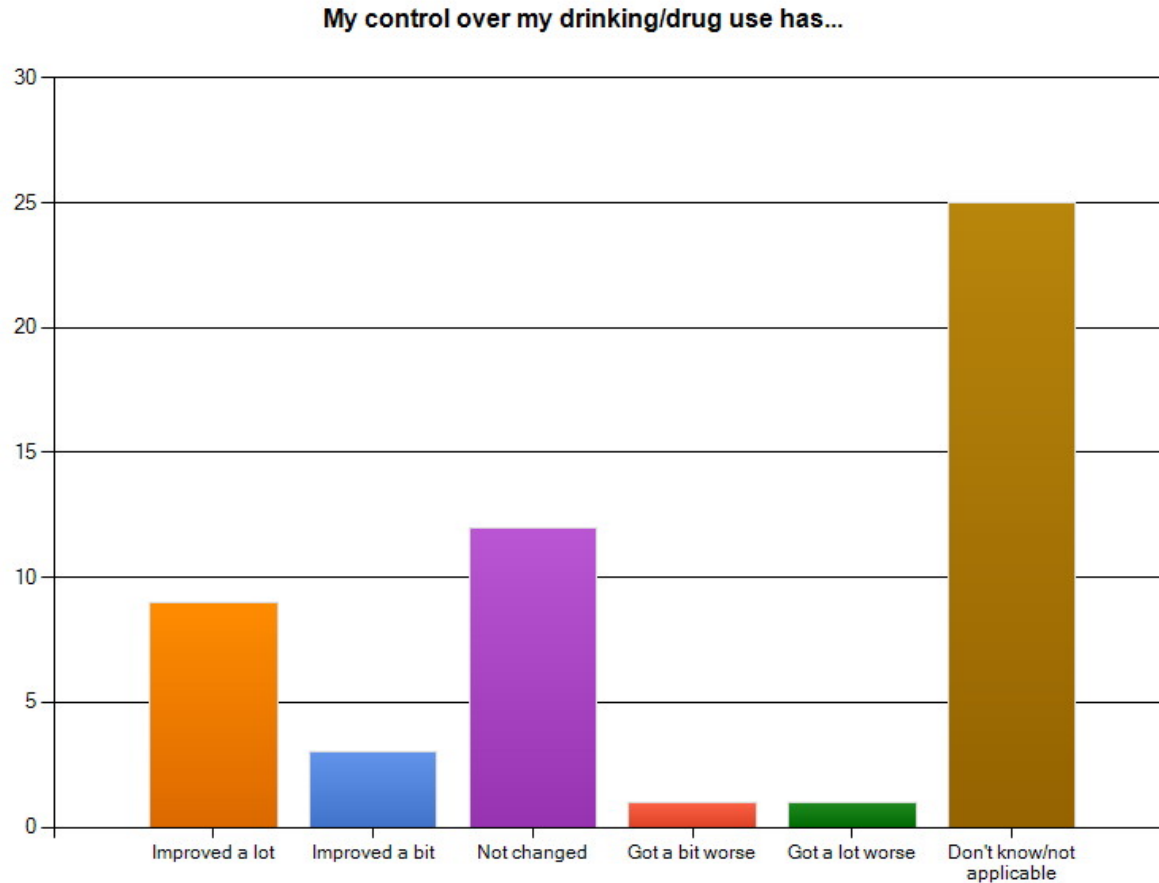
My housing situation has...



My eating habits have...

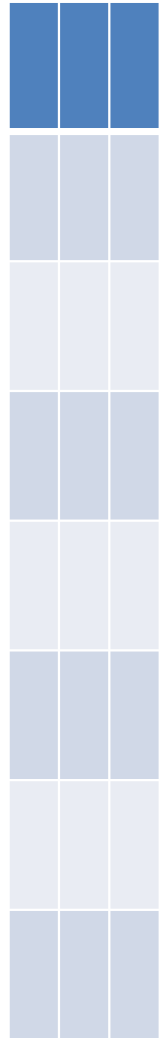


My control over my drinking/drug use has...



Asking questions that mean something

- My control over my drinking/drug use has...
- **How I drink or use drugs has...**
- My eating habits have...
- **How well I eat has....**
- The quality of my sleep has...
- **How much sleep I get has....**
- My understanding of sexual health has...
- **How much I know about sexual health has...**



Thanks

map.uk.net

